# DAYTON PUBLIC SCHOOLS
## NUTRITION SERVICES DEPARTMENT

### MEAL PATTERN

#### BREAKFAST
- [ ] Bread Exchange(s)
- [ ] Meat Exchange(s)
- [ ] Fruit Exchange(s)
- [ ] Milk Exchange(s) 2%
- [ ] Fat Exchange(s)

#### LUNCH
- [ ] Bread Exchange(s)
- [ ] Vegetable Exchange(s)
- [ ] Fruit Exchange(s)
- [ ] Milk Exchange(s) 2%
- [ ] Fat Exchange(s)

#### 10:00 a.m.
- [ ] Bread Exchange(s)
- [ ] Fruit Exchange(s)
- [ ] Milk Exchange(s) 2%

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**Student Name:** ____________________________________________________________

**School:** ____________________________ **Room No.** _______

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*Revised July 14, 2006*

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