



ASTHMA ACTION PLAN

Date_____

Child's Name_____ Home Phone_____

Parent / Guardian Name_____ Work Phone_____

Address_____ Cell Number_____

Physician treating child's asthma_____ Phone_____

In case of emergency and unable to reach parent, please contact:

_____ Phone_____

_____ Phone_____

What symptoms does your child have when having an asthma attack?

Briefly describe what causes your child's symptoms

In which sports can the child fully participate?

Does exercise bring on episodes of asthma? (If so, what types?)

Do certain weather conditions affect your child's asthma? (If so, list them)

Approximately how often does the child have an acute episode?

How do you want the school to treat an episode of asthma if it should occur?

Signature of Parent or Guardian_____

To be completed by Child's Physician:

Personal best Peak Flow number_____

Caution zone Peak Flow numbers_____

What steps should school take if Peak Flow numbers are in the caution zone?_____

Danger Peak Flow numbers_____

If any asthma medications may need to be given at school, please complete and sign attached medication form

Signature of Physician

Date
