



## High School January 2022 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Snak-N-Waffle Pop-Tart, WG Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins, Orange Juice, Milk	4 Strawberry Mini Bagels Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk	5 Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk	6 Cinnamon Pretzel Stick, WG Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk	7 Breakfast Bread Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk
10 Crunchmania Pop-Tart, WG Cereal w/Giant Graham Whales Bagel w/Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk	11 Mini Blueberry Pancakes Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk	12 Beef Sausage Patty on Hawaiian Roll Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins, Orange Juice, Milk	13 Breakfast Pizza with Turkey Sausage Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins, Orange Juice, Milk	14 Frudels Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Cream Cheese Yogurt w/Giant Graham Whales Craisins, Orange Juice/Milk
17 Martin Luther King Jr. Day Holiday 	18 Cocoa Puff Soft Cereal Bar Pop-Tart, WG Cereal w/Graham Whales Bagel w/Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice/Milk	19 Apple Cinnamon Texas Toast Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins/OJ/Milk	20 Super Donuts Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk	21 Snak-N-Waffle Pop-Tart, WG* Cereal w/Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk
24 Breakfast Pizza w/Turkey Sausage Pop-Tart, WG Cereal w/ Graham Whales Bagel w/Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice/Milk	25 Cinnamon Pretzel Stick Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk	26 Breakfast Bread Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk	27 Super Donuts Pop-Tart, WG* Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk	28 Mini Pancakes Pop-Tart, WG* Cereal w/Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice/Milk
31 Cinnamon Toast Crunch Soft Cereal Bar Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins, Orange Juice, Milk			<b>JANUARY EVENTS:</b> 1=New Year's Day 17=Martin Luther King Jr Day	

\* This item may contain pork.

**ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE**  
*This institution is an equal opportunity provider.*