





High School January 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 General Tso's Chicken with Brown Rice Steamed Broccoli Chilled Pineapple Choice of Milk	4 Walking Tacos with Spicy Turkey or Taco Salad Seasoned Pinto Beans Mixed Vegetables Cinnamon Applesauce Choice of Milk Taco Sauce	5 Spicy Chicken Po'Boy on WG Sub Bun Sweet Potato Fries Chef's Choice Veggies Chilled Peaches Choice of Milk Lite Ranch	6 Salisbury Steak with Gravy Mashed Potatoes Green Beans Dinner Roll Chilled Pears Choice of Milk	7 Managers Choice or Chicken Nuggets WG Biscuit Homemade Baked Beans Chef's Choice Veggies Mixed Fruit Choice of Milk Barbeque Sauce
10 Coney Dogs Baked Beans Chef's Choice Vegetables Blushing Pears Choice of Milk	11 Chicken Fajita Seasoned Black Beans Cinnamon Applesauce Choice of Milk Taco Sauce	12 Turkey Bowl with Shredded Turkey Mashed Potatoes, Corn and Gravy Chilled Peaches Whole Grain Dinner Roll Choice of Milk	13 Grilled Cheese Sandwiches Tomato Soup Sweet Potato Rib Fries Orange Wedges Choice of Milk	14 Managers Choice or Breaded Fish on WG Bun Steamed Broccoli Applesauce Choice of Milk Tartar Sauce
17 Martin Luther King Jr. Day Holiday 	18 Honey Sriracha Chicken Steamed Rice Steamed Carrots Chef's Choice Veggies Pineapple Tidbits & Mandarin Orange Sections Choice of Milk	19 Pasta with Meat Sauce Breadstick California Blend Chef's Choice Veggie Strawberry Applesauce Choice of Milk	20 Nachos with Three-Bean Chili Served with Shredded Cheddar Cheese Mixed Vegetables Mixed Fruit Choice of Milk	21 Managers Choice or Hot & Spicy Chicken Tenders Seasoned Fries Chef's Choice Veggies Fresh Apple Dinner Roll Choice of Milk
24 Salisbury Steak with Gravy Mashed Potato Broccoli & Carrots Dinner Roll Chilled Peaches Choice of Milk	25 Mini Corn Dog Baked Beans Cinnamon Applesauce Choice of Milk	26 Brunch for Lunch - Chicken and Waffles with Syrup Sweet Potato Tater Tots Hot Cinnamon Apples Choice of Milk	27 Tangerine Chicken with Brown Rice Steamed Broccoli Chilled Pineapple Choice of Milk	28 Managers Choice or Chicken Philly Green Bean Medley Chef's Choice Veggie Fresh Apple Wedges Choice of Milk
31 Hot & Spicy Chicken Tenders Dinner Roll Seasoned Fries Green Beans Chilled Peaches Choice of Milk			JANUARY EVENTS: 1=New Year's Day 17=Martin Luther King Jr Day	

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.