



Elementary & Middle School January 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Tangerine Chicken with Brown Rice Steamed Broccoli Chilled Pineapple Choice of Milk	4 Walking Tacos with Spicy Turkey or Taco Salad Seasoned Pinto Beans Mixed Vegetables Cinnamon Applesauce Choice of Milk Taco Sauce	5 Salisbury Steak with Gravy Mashed Potatoes Green Beans Chilled Pears Choice of Milk WG Dinner Roll	6 Chili Dog on Whole Grain Bun Homemade Baked Beans Coleslaw Chilled Peaches Choice of Milk	7 Managers Choice or Chicken Nuggets WG Biscuit Sweet Potato Fries Mixed Fruit Choice of Milk Barbeque Sauce
10 Hamburger on WG Bun Sliced Carrots Blushing Pears Choice of Milk Ketchup and Mustard	11 Chicken Fajita Seasoned Black Beans Cinnamon Applesauce Choice of Milk Taco Sauce	12 Turkey Bowl with Shredded Turkey Mashed Potatoes, Corn and Gravy Chilled Peaches Whole Grain Dinner Roll Choice of Milk	13 Breaded Chicken Patty on a WG Bun Green Beans Orange Wedges Choice of Milk Miracle Whip Lite	14 Managers Choice or Two Cheese and Pepperoni Pizza* Spinach Salad with Light Dressing Applesauce Choice of Milk
17 Martin Luther King Jr. Day Holiday <i>I Have a Dream</i> =Martin Luther King=	18 Pasta with Meat Sauce Bread Stick Steamed Broccoli Diced Peaches Choice of Milk	19 Salisbury Steak with Gravy Mashed Potatoes Green Beans Strawberry Applesauce WG Dinner Roll Choice of Milk	20 Nachos with Three-Bean Chili Served with Shredded Cheddar Cheese Mixed Vegetables Mixed Fruit Choice of Milk	21 Managers Choice or Grilled Cheese Sandwich Crinkle Cut Sweet Potato Fries Tomato Soup Fresh Apple Choice of Milk
24 Popcorn Chicken Mashed Potato with gravy WG Dinner Roll Chilled Peaches Choice of Milk	25 Mini Corn Dog Baked Beans Blushing Pears Choice of Milk	26 Brunch for Lunch - Chicken and Waffles with Syrup Sweet Potato Tater Tots Cinnamon Applesauce Choice of Milk	27 Chicken Nuggets Macaroni and Cheese Steamed Broccoli Fresh Apple Wedges Choice of Milk	28 Managers Choice or Two Cheese and Pepperoni Pizza* Romaine Salad with Light Dressing Chilled Pineapple and Mandarin Oranges Choice of Milk
31 Hamburger on a Whole Grain Bun Au Gratin Potatoes Orange Smiles Choice of Milk Ketchup			JANUARY EVENTS: 1=New Year's Day 17=Martin Luther King Jr Day	

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.