



## Study at: MEADOWDALE

**Entry-level  
pay in Ohio  
\$11-21  
per hour**

## Career Pathways

\*Additional education may be required

- Personal Trainer
- Physical Therapist Assistant
- Athletic Trainer
- Physical/Occupational Aide
- Occupational Therapist
- Physical Therapist

## Opportunities

### Credentials

Physical/Occupational Therapy Aide  
Group Fitness Instructor  
Certified Personal Trainer  
BLS CPR/First Aid

### Work-Based Learning

Job Placement  
CTSO Competitions  
Train others after school

### College Credits

Earn up to 10 credits through Sinclair Community College

## Courses:

**Grade  
10**

- Exercise Science and Athletic Training
- Nutrition and Wellness

**Grade  
11**

- Athletic Injuries and Prevention
- Fitness Evaluation and Assessment

**Grade  
12**

- Medical Terminology
- Capstone

## Essential Skills

- Written communication
- Oral communication
- Safety awareness
- Visual acuity
- Physical strength/mobility
- Hand and finger dexterity
- Reasoning skills

## Academic Skills

### Applied Mathematics

- Calculate and convert units of measure
- Understand range of motion
- Measure calorie intake/use



### Workplace Documents

- Read/interpret patient files
- Read professional journals
- Complete patient SOAP notes