




High School October 2022 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Honi Bun Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk	4 Cinnamon Toast Soft Cereal Bar Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	5 Uncrustable with Egg Turkey Sausage and Cheese Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	6 Banana Chocolate Chunk Benefit Bar Pop-Tart, WG Cereal w/Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	7 Snack-N-Waffle Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk
10 Breakfast Pizza with Turkey Sausage Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk	11 Apple Cinnamon Texas Toast Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk	12 Breakfast Bread Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk	13 Super Donuts with Giant Goldfish Grahams Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice, Milk	14 Mini Pancakes Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk
17 Cinnamon Toast Soft Cereal Bar Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	18 Super Donuts with Giant Goldfish Grahams Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	19 Smoked Turkey and Cheese on Hawaiian Roll Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	20 Assorted Muffins with Giant Goldfish Grahams Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	21 Conference Day No Students
24 Snack-N-Waffle Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice, Milk	25 Strawberry Mini Bagels Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice, Milk	26 Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice, Milk	27 Apple Cinnamon Texas Toast Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Graham Whales Craisins Orange Juice, Milk	28 Breakfast Bread Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt with Giant Graham Whales Craisins Orange Juice, Milk
31 Crunchmania Pop-Tart, WG Cereal with Giant Graham Whales Bagel w/Lite Cream Cheese Yogurt w/Giant Graham Whales Craisins Orange Juice, Milk				

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.