




Rosa Parks October 2022 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Cinnamon Toast Crunch Applesauce Milk	4 WG Strawberry Mini Bagels Pears and Mandarin Oranges Milk	5 WG Banana Bread Loaf Mixed Fruit Milk	6 WG Confetti Pancakes Apple Quarters Milk	7 WG Blueberry Muffin Fresh Banana Milk
10 WG Cheerios Applesauce Milk	11 WG Cin Raisin Bagel with Lite Cream Cheese Applesauce Milk	12 WG Mini Pancakes Mixed Fruit Milk	13 WG Apple Cinnamon Texas Toast Apple Quarters Milk	14 WG Blueberry Mini Loaf Banana Milk
17 WG Cinnamon Toast Crunch Diced Pears Milk	18 Yogurt and WG Goldfish Graham Tropical Fruit Salad Milk	19 Banana Bread Fruit Cocktail Milk	20 WG Mini French Toast Apple Quarters Milk	21 WG Blueberry Muffin Fresh Banana Milk
24 WG Rice Chex Chilled Pears Milk	25 WG Mini French Toast Mixed Fruit Milk	26 WG Strawberry Mini Bagels Pineapple Tidbits Milk	27 WG Blueberry Muffin Applesauce Milk	28 Apple Cinnamon Texas Toast Fresh Banana Milk
31 WG Cheerios Tropical Fruit Milk				

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.