



Nutrition Services Department

Rosa Parks February 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Black History Month	Celebrate Black History	Spotlight: Joseph Lee invented Breadcrumbs Spotlight: Lloyd Hall made hot dogs possible	Hamburger on a Whole Grain Bun Green Beans Fruit Juice Milk	Mini Ravioli with Marinara Glazed Carrots Pineapple and Mandarin Oranges Milk
5	6	7	8	9
Tangerine Chicken Brown Rice with Mixed Vegetables (Steamed Broccoli- Rosa Parks) Dragon Juice Milk	Walking Tacos with Turkey and WG Tostitos Shredded Cheese Seasoned Pinto Applesauce Milk	BBQ Chicken Patty on WG Bun Green Beans Chilled Peaches Milk	Salisbury Steak with Gravy and WG Dinner Roll Mashed Potatoes Chilled Pears Milk	Chicken Nuggets, WG Breading Glazed Carrots Apple Juice Milk Ketchup
12	13	14	15	16
Cheeseburger on Whole Grain Bun Baked Beans Diced Pears Milk Ketchup and Mustard	Macaroni and Cheese WG Green Beans Applesauce Milk	Turkey Steak with Gravy Mashed Potatoes Juice Milk	Cheese Pizza WG Spinach Salad with Light Dressing Chilled Peaches Milk	DPS Closed
19	20	21	22	23
DPS closed President's Day	Popcorn Chicken, WG Dinner Roll WG Mashed Potatoes Pineapple Tidbits Milk	Chicken Alfredo Steamed Carrots Applesauce Milk	Nachos with Three-Bean Chili Shredded Cheddar Cheese Mixed Vegetables Juice Milk	Chicken and Cheese Quesadilla, WG Refried Beans Diced Peaches Milk
26	27	28	29	
Salisbury Steak with Gravy and WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	Macaroni and Cheese WG Baked Beans Diced Pears Milk	Brunch for Lunch Chicken and Waffle Sweet Potato Tater Tots Applesauce Milk	Tangerine Chicken Brown Rice with Mixed Vegetables Dragon Juice Milk	*Spotlight: James Hemming brought Ice Cream, French Fries and Mac & Cheese to America

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.