PUBLICSCHOOLS

Nutrition Services Department
High School January 2024 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| Happy New Year!!! Welcome 2024! | District Closed | Spicy Chicken Po'boy Tenders on WG Sub Bun Sweet Potato Fries Chef's Choice Veggies Chilled Peaches Choice of Milk | Salisbury Steak with Gravy Mashed Potatoes Green Beans Dinner Roll Chilled Pears Choice of Milk | Chicken Nuggets WG Biscuit <br> Homemade Baked Beans Chef's Choice Veggies Blueberry Lemon SideKick Choice of Milk |
| 8 | 9 | 10 | 11 | 12 |
| Coney Dogs Sweet Potato Rib Fries Chef's Choice Vegetables Blushing Pears Choice of Milk | Chicken Fajita Bowl with WG Cilantro Lime Rice Seasoned Black Beans Cinnamon Applesauce Choice of Milk Salsa | Pot Roast with Gravy Mashed Potatoes Baby Carrots Chilled Peaches <br> Whole Grain Dinner Roll Choice of Milk | Chicken Wings Potato Wedges Blueberry Lemon SideKick Whole Grain Dinner Roll Choice of Milk | Managers Choice or Breaded Fish on WG Bun Steamed Broccoli Applesauce Choice of Milk |
| 15 | 16 | 17 | 18 | 19 |
| No School | No School | Chicken Alfredo Bread Stick Steamed Broccoli Chef's Choice Veggie Strawberry Applesauce Choice of Milk | Nachos with Three-Bean <br> Chili <br> Served with Shredded Cheddar <br> Cheese <br> Mixed Vegetables Mixed Fruit Choice of Milk | Cheese Burger on Bun <br> Steamed Carrots <br> Chef's Choice Veggies <br> Pineapple Tidbits and <br> Mandarin Orange Sections Choice of Milk |
| 22 | 23 | 24 | 25 | 26 |
| Salisbury Steak with Gravy Mashed Potato Broccoli \& Carrots Dinner Roll Chilled Peaches Choice of Milk | Tacos-Turkey Taco Meat, Potato Wedges \& Cheese Cilantro Lime Rice Seasoned Pinto Beans Peaches \& Pears Choice of Milk | Chicken Tenders and Waffles with Syrup Sweet Potato Tater Tots Hot Cinnamon Apples Choice of Milk | Tangerine Chicken Brown Rice Steamed Broccoli Chilled Pineapple Choice of Milk | Chicken Philly Green Bean Medley Chef's Choice Veggie Fresh Apple Wedges Choice of Milk |
| 29 | 30 | 31 |  |  |
| Hot \& Spicy Chicken Tenders Dinner Roll Seasoned Fries Green Beans Chilled Peaches Choice of Milk | Tacos- Taco Meat Hard Shell Soft Tortillas. <br> Shredded Lettuce Cheese and Salsa Refried Beans Choice of Milk | Pasta with Meat Sauce <br> Breadsticks California Blend Green Beans Cinnamon Applesauce Choice of Milk |  |  |
| * This item may contain pork. |  |  |  |  |

all menus are subject to change without notice
This institution is an equal opportunity provider.

