



Rosa Parks January 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year! Welcome 2024!	2 District closed	3 BBQ Chicken Patty on WG Bun Green Beans Chilled Peaches Milk	4 Salisbury Steak with Gravy and WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	5 Chicken Nuggets, WG Breading Glazed Carrots Apple Juice Milk Ketchup
8 Cheeseburger on Whole Grain Bun Baked Beans Diced Peaches Milk Ketchup and Mustard	9 Macaroni and Cheese WG Green Beans Applesauce Milk	10 Turkey Steak with Gravy Mashed Potatoes Juice Milk	11 Cheese Pizza WG Spinach Salad with Light Dressing Chilled Peaches Milk	12 Breaded Chicken on WG Bun with Ranch Steamed Carrots Orange Wedges Milk
15 No School	16 No School	17 Chicken Alfredo Steamed Carrots Applesauce Milk	18 Nachos with Three-Bean Chili Shredded Cheddar Cheese Mixed Vegetables Juice Milk	19 Chicken and Cheese Quesadilla, WG Refried Beans Diced Peaches Milk
22 Salisbury Steak with Gravy and WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	23 Macaroni and Cheese WG Baked Beans Diced Peaches Milk	24 Brunch for Lunch Chicken and Waffle Sweet Potato Tater Tots Applesauce Milk	25 Tangerine Chicken Brown Rice with Mixed Vegetables Dragon Juice Milk	26 Cheese Pizza WG Spinach Salad with Light Dressing Chilled Pineapple and Mandarin Oranges Milk
29 Sloppy Joes on WG Bun Seasoned Potato Wedges Chilled Peaches Milk	30 Soft Tacos (Turkey) Shredded Cheese Pinto Beans Applesauce Milk Taco Sauce	31 WG Brd Chicken Drumstick Dinner Roll WG Mixed Greens Chilled Pineapple Milk		

* This item may contain pork.

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
This institution is an equal opportunity provider.