



Nutrition Services Department

### Rosa Parks Lunch April 2024 Menu

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| 1<br>Salisbury Steak with Gravy and WG Dinner Roll<br>Mashed Potatoes<br>Chilled Peaches<br>Milk                      | 2<br>Macaroni and Cheese WG<br>Baked Beans<br>Diced Pears<br>Milk  | 3<br>Brunch for Lunch<br>Chicken and Waffle<br>Sweet Potato Tater Tots<br>Applesauce<br>Milk  | 4<br>Tangerine Chicken<br>Brown Rice with Mixed Vegetables<br>Dragon Juice<br>Milk                | 5<br>Cheese Pizza WG<br>Spinach Salad with Light Dressing<br>Chilled Pineapple and Mandarin Oranges<br>Milk |
| 8 Solar Eclipse Day<br><br>District Closed  | 9<br>Soft Tacos (Turkey)<br>Shredded Cheese<br>Pinto Beans<br>Applesauce<br>Milk<br>Taco Sauce             | 10<br>WG Brd Chicken Drumstick<br>Dinner Roll WG<br>Mixed Greens<br>Chilled Pineapple<br>Milk | 11<br>Hamburger on a Whole Grain Bun<br>Green Beans<br>Fruit Juice<br>Milk<br>Ketchup and Mustard | 12<br>Mini Ravioli with Marinara<br>Glazed Carrots<br>Pineapple and Mandarin Oranges<br>Milk                |
| 15<br>Tangerine Chicken<br>Brown Rice with Mixed Vegetables<br>(Steamed Broccoli- Rosa Parks)<br>Dragon Juice<br>Milk | 16<br>Walking Tacos with Turkey and WG Tostitos<br>Shredded Cheese<br>Seasoned Pinto<br>Applesauce<br>Milk | 17<br>BBQ Chicken Patty on WG Bun<br>Green Beans<br>Chilled Peaches<br>Milk                   | 18<br>Salisbury Steak with Gravy and WG Dinner Roll<br>Mashed Potatoes<br>Chilled Pears<br>Milk   | 19<br>Chicken Nuggets, WG<br>Breeding<br>Glazed Carrots<br>Apple Juice<br>Milk<br>Ketchup                   |
| 22<br>Cheeseburger on Whole Grain Bun<br>Baked Beans<br>Diced Pears<br>Milk<br>Ketchup and Mustard                    | 23<br>Macaroni and Cheese WG<br>Green Beans<br>Applesauce<br>Milk  | 24<br>Turkey Steak with Gravy<br>Mashed Potatoes<br>Juice<br>Milk                             | 25<br>Cheese Pizza WG<br>Spinach Salad with Light Dressing<br>Chilled Peaches<br>Milk             | 26<br>Breaded Chicken on WG Bun<br>with Ranch<br>Steamed Carrots<br>Orange Wedges<br>Milk                   |
| 29<br>WG Breaded Chicken<br>Drumstick<br>Corn Bread Loaf WG<br>Greens<br>Juice<br>Milk                                | 30<br>Popcorn Chicken, WG<br>Dinner Roll WG<br>Mashed Potatoes<br>Pineapple Tidbits<br>Milk                |   |   |   |

\* This item may contain pork.

**ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE**  
**This institution is an equal opportunity provider.**