 

**Nutrition Services Department**

**Rosa Parks Lunch May 2024 Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  | 1 | 2 | 3 |
|  |  | Chicken Alfredo  Steamed Carrots  Applesauce  Milk | Nachos with Three-Bean Chili  Shredded Cheddar  Cheese  Mixed Vegetables  Juice  Milk | Chicken and Cheese Quesadilla, WG  Refried Beans  Diced Peaches  Milk |
| 6 | 7 | 8 | 9 | 10 |
| Salisbury Steak with Gravy  and WG Dinner Roll  Mashed Potatoes  Chilled Peaches  Milk | Macaroni and Cheese WG  Baked Beans  Diced Pears  Milk | Brunch for Lunch  Chicken and Waffle  Sweet Potato Tater Tots  Applesauce  Milk | Tangerine Chicken  Brown Rice with  Mixed Vegetables  Dragon Juice  Milk | Cheese Pizza WG  Spinach Salad with Light Dressing  Chilled Pineapple and  Mandarin Oranges  Milk |
| 13 | 14 | 15 | 16 | 17 |
| Sloppy Joes on WG Bun  Seasoned Potato Wedges  Chilled Peaches  Milk | Soft Tacos (Turkey)  Shredded Cheese  Pinto Beans  Applesauce  Milk  Taco Sauce | WG Brd Chicken Drumstick  Dinner Roll WG  Mixed Greens  Chilled Pineapple  Milk | Hamburger on a  Whole Grain Bun  Green Beans  Fruit Juice  Milk  Ketchup and Mustard | Mini Ravioli with Marinara  Glazed Carrots  Pineapple and Mandarin Oranges  Milk |
| 20 | 21 | 22 | 23 | **24 Last day for Students** |
| Tangerine Chicken  Brown Rice with  Mixed Vegetables  (Steamed Broccoli- Rosa Parks)  Dragon Juice  Milk | Walking Tacos with Turkey  and WG Tostitos  Shredded Cheese  Seasoned Pinto  Applesauce  Milk | BBQ Chicken Patty  on WG Bun  Green Beans  Chilled Peaches  Milk | Salisbury Steak with Gravy  and WG Dinner Roll  Mashed Potatoes  Chilled Pears  Milk | Chicken Nuggets, WG Breading  Glazed Carrots  Apple Juice  Milk  Ketchup |
| **27 Memorial Day** | 28 | 29 | 30 | 31 |
| **District Closed** | Macaroni and Cheese WG  Green Beans  Applesauce  Milk | Turkey Steak with Gravy  Mashed Potatoes  Juice  Milk | Cheese Pizza WG  Spinach Salad with Light Dressing  Chilled Peaches  Milk | Breaded Chicken on WG Bun  with Ranch  Steamed Carrots  Orange Wedges  Milk |

\* This item may contain pork.

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| ***ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE***  ***This institution is an equal opportunity provider.*** |