 

**Nutrition Services Department**

**Rosa Parks Lunch May 2024 Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  | 1 | 2 | 3 |
|  |  | Chicken AlfredoSteamed CarrotsApplesauceMilk | Nachos with Three-Bean ChiliShredded Cheddar CheeseMixed VegetablesJuiceMilk | Chicken and Cheese Quesadilla, WG Refried BeansDiced PeachesMilk |
| 6 | 7 | 8 | 9 | 10 |
| Salisbury Steak with Gravy and WG Dinner RollMashed Potatoes Chilled PeachesMilk | Macaroni and Cheese WGBaked BeansDiced PearsMilk | Brunch for Lunch Chicken and Waffle Sweet Potato Tater TotsApplesauceMilk | Tangerine Chicken Brown Rice with Mixed VegetablesDragon Juice Milk | Cheese Pizza WGSpinach Salad with Light DressingChilled Pineapple and Mandarin OrangesMilk |
| 13 | 14 | 15 | 16 | 17 |
| Sloppy Joes on WG Bun Seasoned Potato WedgesChilled PeachesMilk | Soft Tacos (Turkey) Shredded Cheese Pinto BeansApplesauceMilkTaco Sauce | WG Brd Chicken DrumstickDinner Roll WGMixed GreensChilled PineappleMilk | Hamburger on a Whole Grain BunGreen Beans Fruit JuiceMilkKetchup and Mustard | Mini Ravioli with MarinaraGlazed CarrotsPineapple and Mandarin OrangesMilk |
| 20 | 21 | 22 | 23 | **24 Last day for Students** |
| Tangerine Chicken Brown Rice with Mixed Vegetables(Steamed Broccoli- Rosa Parks)Dragon Juice Milk | Walking Tacos with Turkey and WG TostitosShredded Cheese Seasoned Pinto ApplesauceMilk  | BBQ Chicken Pattyon WG BunGreen BeansChilled PeachesMilk | Salisbury Steak with Gravy and WG Dinner RollMashed Potatoes Chilled PearsMilk | Chicken Nuggets, WG BreadingGlazed CarrotsApple JuiceMilkKetchup |
| **27 Memorial Day** | 28 | 29 | 30 | 31 |
| **District Closed** | Macaroni and Cheese WGGreen BeansApplesauce Milk | Turkey Steak with GravyMashed PotatoesJuiceMilk | Cheese Pizza WGSpinach Salad with Light DressingChilled PeachesMilk | Breaded Chicken on WG Bun with Ranch Steamed CarrotsOrange WedgesMilk |

\* This item may contain pork.

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| ***ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE******This institution is an equal opportunity provider.*** |